

Variable[™] balans[®]

The active way to better posture

Design: Peter Opsvik

Wood Options:

Natural lacquered ash

Quick Ship Upholstery Options:

Black Step Fabric (STE999) Red Step Fabric (STE013) Grey Step Fabric (STE011)

Optional Accessories:

Soft tape - hardwood floor protection.

Warranty:

5-year limited warranty against all manufacturer defects.

Measurements:

Seat Height: 19.5" Length: 28" Width: 19"

Price: \$ 449

Designed by Peter Opsvik in 1979, Variable balans is the original kneeling chair and a Varier classic. The iconic design gently tilts the pelvis forward and encourages a natural, dynamic, and upright spine. The muscles in the abdomen and back engage to keep the spine straight and the body balanced, strengthening core muscles and preventing back and shoulder tension. The position also increases the angle between the upper and lower body, greatly improving circulation, boosting energy levels and concentration. As the body moves from an active to a relaxed posture, the flexible runners respond with a gentle pendular motion.

The timeless Variable is as stylish and ergonomically precise today as it was when it was created over 35 years ago.



